

# Hiking

- Locations
  - POI's
- Organising/Preparing
  - Route Planning
  - Packing List

# Locations

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# POI's

Various POI's and high-level notes about the locations and access to them

## Dadder Cave

Located at <https://maps.app.goo.gl/ySZHeLpE83bhP2BC9>

Accessed by walking down the Pisgah Rock walking track and then dropping into the gully for Monkey Ropes Creek to access Erskine Creek. From there walk upstream and the cave is on river right.

## Tarros Ladder

Located at <https://maps.app.goo.gl/ZYbMT8aUkfR9YNUb9>

## Kelpie Point

Located at <https://maps.app.goo.gl/vxS17PXjKEWemSch8>

## Burra Korain Campground

Located at <https://maps.app.goo.gl/zDVK2Wc82igFcuDB9>

Short hike in from Victoria Falls, around 2 hours in on easy to navigate trail. Exit back through the same path will take around 3 hours depending on group fitness levels

## Acacia Flat Campground

Located at <https://maps.app.goo.gl/zEMxjzBfeMK41NBz9>

Walking in from Victoria Falls is around 7 hours each way, mostly easy to navigate path with a clear trail but little signage available.



# Organising/Preparing

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# Route Planning

# Packing List

A high-level packing list template that can be used when preparing for a hike. Not all trips will need all equipment listed here, and some trips may need additional equipment. This is meant as a starting point, not an exhaustive list.

## Carry Gear

- ☐ Pack (65-80L)
- ☐ Pack liner
- ☐ Pack rain cover
- ☐ Day pack (20L)

## Day Clothing

- ☐ Top
  - ☐ Thermal top
  - ☐ Lightweight midlayer
  - ☐ Midweight softshell
  - ☐ Puffer jacket
  - ☐ T-shirt
  - ☐ Gloves and glove liners
- ☐ Bottom
  - ☐ Hiking pants
  - ☐ Long-johns
  - ☐ Gaiters
  - ☐ Hiking shoes
- ☐ Underwear
  - ☐ Socks
  - ☐ Liners
  - ☐ Underwear

- ☐ Wet weather
  - ☐ Waterproof jacket
  - ☐ Waterproof overpants
- ☐ Headwear
  - ☐ Buff
  - ☐ Sunhat
  - ☐ Beanie
  - ☐ Sunglasses

## Camp Clothing

- ☐ Thermal top
- ☐ Long-johns
- ☐ Camp attire
  - ☐ Top
  - ☐ Socks
  - ☐ Underwear
  - ☐ Trousers
  - ☐ Camp shoes/sandals

## Food

- ☐ Breakfast
- ☐ Lunch
- ☐ Dinner
- ☐ Extra snacks/contingency food
- ☐ Rubbish bags

## Sleeping Gear

- ☐ Sleeping bag
- ☐ Sleeping mat
- ☐ Pillow
- ☐ Sleeping bag liner

☐ Tent

## Cooking Set

- ☐ Spork
- ☐ Bowl
- ☐ Gas canister
- ☐ Stove
- ☐ Mug
- ☐ Lighter
- ☐ Chux or small towel
- ☐ Cooking pot
- ☐ Water boiling pot
- ☐ Knife

## Water

- ☐ Water bottle
- ☐ Water bladder
- ☐ Water filter
  - ☐ Particle filter
  - ☐ Sterilisation tablets

## Toiletries

- ☐ Toilet kit
  - ☐ Toilet paper
  - ☐ Hand sanitiser
  - ☐ Shovel
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Deoderant
- ☐ Wet wipes
- ☐ Soap

- ☐ Sunscreen
- ☐ Towel
- ☐ Insect repellent
- ☐ Comb/brush
- ☐ Kula cloth
- ☐ Personal medications

## First Aid Kit

- ☐ Space blanket
- ☐ Pressure bandage
- ☐ Snake bandage
- ☐ Non-stick gauze dressing
- ☐ Triangular bandage
- ☐ Butterfly clips or tape
- ☐ Elastoplast
- ☐ Band-aids
- ☐ Blister dressing/moleskine
- ☐ Antiseptic cream
- ☐ Safety pins
- ☐ Scissors
- ☐ Tweezers
- ☐ Pain relief
  - ☐ Paracetamol
  - ☐ Ibuprofen
- ☐ Whistle
- ☐ Cold and flu tablets
- ☐ Antihistamine
- ☐ Gastrostop
- ☐ Reusable cable-tie

## Technology

- ☐ PLB

☐ Battery pack

☐ Phone

☐ Headtorch

☐ Batteries

☐ Compass

☐ GPS

☐ Camera

☐ Map

## Misc

☐ Playing cards

☐ Book